

**MILD/MODERATE READINESS CHECKLIST**

Please check one area for each skill.

Student: _____	School: _____
Rated By: _____	Relationship To Child: _____
Date: _____	

<b>1. Beginning Social Skill</b>	<b>Not Now</b>	<b>Does Ok</b>	<b>Work On</b>
Listening	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Starting a conversation	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Having a conversation	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Asking a question	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Saying Thank You	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Introducing yourself	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Introducing other people	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Giving a compliment	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Asking for help	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Joining in	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Giving instructions	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Following instructions	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Apologizing	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Convincing others	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Clearly expresses needs	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Avoids extreme shyness	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Avoids extreme aggressivity	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

<b>2. Dealing with Feelings</b>	<b>Not Now</b>	<b>Does Ok</b>	<b>Work On</b>
Knowing your feelings	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Expressing your feelings	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Expressing affection	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Dealing with fear	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

<b>3. Alternatives to Aggression</b>	<b>Not Now</b>	<b>Does Ok</b>	<b>Work On</b>
Asking permission	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Sharing something	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Helping others	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Negotiation	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Using self control	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Standing up for your rights	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Responding to teasing	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Avoiding trouble with others	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Keeping out of fights	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

<b>4. Dealing with stress</b>	<b>Not Now</b>	<b>Does Ok</b>	<b>Work On</b>
Making a complaint	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Answering a complaint	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Sportsmanship after a game	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Dealing with embarrassment	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Dealing with being left out	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Standing up for a friend	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Responding to persuasion	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Responding to failure	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Dealing with contradictory messages	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Dealing with an accusation	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Getting ready for a difficult conversation	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Dealing with group pressure	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Dealing with criticism	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Dealing with disappointment	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

<b>5. Planning skills</b>	<b>Not Now</b>	<b>Does Ok</b>	<b>Work On</b>
Deciding on something to do	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Deciding what causes a problem	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Setting a goal	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Deciding on your abilities	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Gathering information	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Arranging problems by importance	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Making a decision	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Concentrating on a task	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

<b>6. Appropriate Appearance</b>	<b>Not Now</b>	<b>Does Ok</b>	<b>Work On</b>
Maintain personal hygiene	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Wear appropriate clothing	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Maintain neatness of appearance	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

<b>7. Leisure time</b>	<b>Not Now</b>	<b>Does Ok</b>	<b>Work On</b>
Participate independently in leisure time activities	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Participate in leisure time activities with peers	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Participates in hobby(ies)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

<b>8. Community Access-Transportation</b>	<b>Not Now</b>	<b>Does Ok</b>	<b>Work On</b>
Use bus schedule	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Ride appropriate city bus	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Arrive at destination on time	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

<b>9. Banking</b>	<b>Not Now</b>	<b>Does Ok</b>	<b>Work On</b>
Open checking account	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Open savings account	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Make a deposit	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Make a withdrawal when balance allows	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

<b>10. Money - Math</b>	<b>Not Now</b>	<b>Does Ok</b>	<b>Work On</b>
Write a check	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Balance a checkbook/passbook	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Find best price for items	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Make correct change	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Check for correct change	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Use a calculator	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Participate independently in leisure time activities	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

<b>11. Shopping</b>	<b>Not Now</b>	<b>Does Ok</b>	<b>Work On</b>
Find location of stores	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Know best source for goods or services	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

<b>12. Reading</b>	<b>Not Now</b>	<b>Does Ok</b>	<b>Work On</b>
<b>Find desired books at library</b>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Reads student chosen books</b>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Find entertainment items in newspaper</b>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Use advertisements to plan shopping</b>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Use map to find given locations</b>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Ask for help when not understanding printed material</b>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

<b>13. Measurement</b>	<b>Not Now</b>	<b>Does Ok</b>	<b>Work On</b>
<b>Tell time</b>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Find dates on a calendar</b>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Use linear measurement tools</b>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Find linear measurement</b>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

<b>14. Work Maturity - Complete tasks Effectively</b>	<b>Not Now</b>	<b>Does Ok</b>	<b>Work On</b>
<b>Follow directions</b>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Seek clarification and assistance as needed</b>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Complete task as given thoroughly and on time</b>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Continue on to next activity</b>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Keeps materials and tools well organized</b>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Work independently without need for constant supervision</b>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Takes initiative to keep busy</b>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Performs work at a constant pace</b>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Can do different activities simultaneously</b>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

<b>15. Work Maturity - Interacts with others</b>	<b>Not Now</b>	<b>Does Ok</b>	<b>Work On</b>
<b>Work within the chain of command</b>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Responds appropriately to superiors</b>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Interact appropriately with co-workers</b>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Demonstrates effort &amp; enthusiasm on the job</b>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Is cooperative in group situations</b>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Draws others into task focus</b>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Draws others into friendly conversation</b>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Work cooperatively as a member of the team</b>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

<b>16. Work Maturity - Work Habits</b>	<b>Not Now</b>	<b>Does Ok</b>	<b>Work On</b>
<b>Follows rules regarding on-the-job behavior</b>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Assumes responsibility for actions, judgments, decisions on the job</b>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Complete series of tasks without need for supervision</b>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Reports to work on time</b>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Shows up regularly for activities and appointments</b>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Speak with others in a relaxed and self confident manner</b>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Demonstrates dependability</b>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Takes precautions in potentially dangerous work situations</b>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Uses materials wisely to avoid waste</b>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Practices good attendance</b>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Keeps a neat work area and person</b>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>